

# Internet Safety: Keeping Kids Safe

It is important for parents to closely monitor their child's use of the internet and give them specific rules regarding its use!



## Important Tips:

According to a survey of 1,500 children, 10 to 17 years of age...

- ⊖ 1 out of 5 children were sexually solicited over the internet
- ⊖ 1 in 4 children received an unwanted picture of nudity or people engaged in sex
- ⊖ 49% of children who were solicited for sex told no one
- ⊖ The most common reason children didn't tell anyone was because they were afraid their parents would take away their internet privileges



Take internet safety seriously!

- 👍 Video game consoles, tablets, smart phones, iPods, etc. can all access the internet. Monitor ALL devices.
- 👍 Limit technology use to a common area in your home. This will allow you to easily monitor internet usage. Avoid allowing internet use in private areas like bed rooms.
- 👍 Use parental blocks or controls to prohibit children from accessing inappropriate content - contact your internet provider for more information.
- 👍 Tell your child to not give out any personal information on the internet!
- 👍 Tell your child to avoid talking to anyone that they don't know in person. If your child has not physically met the person, they don't know who they are.
- 👍 Tell your child to never set-up a meeting with someone they have met on the internet without your permission and without you being present.
- 👍 Limit your child's use of community forums or chat rooms—these are often filled with unregulated adult content.
- 👍 If you allow your child to use social networking websites (Facebook, Instagram, Twitter, Snapchat, etc.), monitor the information posted and viewed by your child. You should know your child's password(s) for this purpose.
- 👍 All social networking pages for your child should be set as private. This makes it so the parent and child can decide who is able to see the child's information.
- 👍 Remember, internet bullying is a huge problem. This is called cyberbullying. Monitor peer-to-peer interactions on social networking websites to address this.
- 👍 Keep communication open with your child. Tell them that if they come across anything on the internet that makes them uncomfortable or if they have a question about something, you are open to talk about it.

Family and Child Abuse Prevention Center creates healthy homes through education as well as compassionate services for victims of family violence and child abuse.

For more information contact:

(419) 244-3053 ext. 233



For more information check out...

[www.netsmartz.org](http://www.netsmartz.org)

<https://www.justice.gov/criminal-ceos/children-internet-safety>

<http://kidshealth.org/en/parents/net-safety.html>



# Internet Safety Pledge

I promise to obey the following rules while using the internet:

1. I will not give out any personal information on the internet such as my name, address, age, e-mail address, telephone number or the name and location of my school.
2. I will not talk to anyone on the internet that I have not already met in person.
3. I will never set up a meeting with someone I have only talked to on the internet without getting my parent's permission and my parent agrees to attend the meeting with me in a public place.
4. I will not put pictures of myself on the internet unless I get permission from my parents.
5. If I come across anything on the internet that makes me uncomfortable or that I have questions about I will talk to my parents about it.

Child's signature:

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\* Post this pledge on or near the computer your child uses.